

# WHY MEMORIES OF HONOR?

We die twice; the first time is when we take our last breath. The second time is the last time someone speaks our name. Memories of Honor ensures that the second death never happens.

## PROGRAMS & CAMPAIGNS

- Memorial Day 365™
- Enduring Heroes™
- Country Music Remembers™
- Memorial Month™

## OUR EVENTS

- Honor the Fallen 5K & Memorial Mile
- Boots For Troops 5K Run Ruck & BootRun
- RED WHITE & RUCK

## HONOR THE SACRIFICE WITH US

Contact@memoriesofhonor.org  
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MemoriesofHonor.org



Honoring & Remembering America's  
Fallen Heroes & Their Families





**EVERY DAY IS  
MEMORIAL DAY**



**HONOR HEAL CONNECT**



**WHAT WE DO**

We honor our fallen military and the families they leave behind through sports, entertainment, and special events to help heal the invisible wounds of war for both surviving family members and veterans. We act as a living, breathing memorial so that no military loss of life is forgotten.

We honor all branches, all dates of death, and ALL loss of life.

**WHAT YOU CAN DO**

- Honor a fallen hero
- Nominate a hero
- Donate
- Fundraise
- Volunteer
- Become a corporate or community partner

**WHAT WE CAN DO  
TOGETHER**

- Preserve the legacy of our fallen service members through living memorials.
- Be a visual reminder to Gold Star Families that they are not alone and their loved ones will never be forgotten.
- Provide a healthy outlet for depression, PTSD and survivor's remorse.

**JOIN THE  
MOVEMENT**